



Contribution ID: 161

Type: In-person interactive poster session

Bridging the gap between shallow and deep reflections

Sunday 18 May 2025 11:05 (1 minute)

TITLE

Bridging the gap between shallow and deep reflections

RELEVANT SIG

Learner Development

FORMAT

In-person interactive poster session

Short English description

KEYWORDS

autonomy
reflection
collaboration

ABSTRACT

A key component of fostering learner autonomy is encouraging reflective practices; however, learners often struggle to write effective reflections beyond basic explanations. While individual feedback can guide learners toward more effective reflection, it is time-intensive for teachers and may not always clarify actionable steps for improvement. Therefore, allocating class time to explicitly teach effective reflective writing practices can enhance understanding across the class and equip students with valuable skills for deeper learning that make them more reflective learners.

This poster presentation introduces a lesson outline featuring a hands-on team-building task designed to encourage meaningful reflection. The task provides a rich opportunity for learners to practice and develop deeper reflective skills. This is done by having learners first reflect on the completed task, followed by the teacher explicitly presenting six effective self-questioning methods for deeper reflection. Students utilize them through controlled repetition, and then compare these deeper reflections to their original post-task reflections. The presenter will explain their rationale for the process, their experience implementing it with their learners,

the challenges they encountered, before proposing future improvements. Participants are encouraged to share their own experiences with similar approaches.

Author: WILLS, Jason (Kanda University of International Study)

Presenter: WILLS, Jason (Kanda University of International Study)

Session Classification: Sunday Posters

Track Classification: Learner Development