



Contribution ID: 287

Type: **Plenary**

PLENARY: Benefits of Autonomy-Supportive Teaching

Saturday 17 May 2025 10:00 (1 hour)

TITLE

RELEVANT SIG

FORMAT

Short English description

KEYWORDS

First-time presenter?

ABSTRACT

Autonomy-supportive teaching is the instructional effort to nurture students' autonomy and agency so that students become increasingly able and willing to volitionally self-engage themselves in learning activities. This talk will explain what autonomy-supportive teaching is, its essential teaching practices, the professional development journey needed to become more autonomy supportive, and how and why autonomy-supportive teaching produces its multiple benefits—for students, for teachers, and for the learning climate. The talk will also identify the tell-tale signs of students' agentic motivation and engagement, and it will review longitudinal research confirming the very constructive reciprocal relation between autonomy-supportive teaching and students' agentic engagement.

Presenter: REEVE, Johnmarshall (Australian Catholic University)