



Contribution ID: 289

Type: **Workshop**

## **Becoming Aware of Cognitive Differences: Based on Korthagen's Reflection Theory**

*Friday 16 May 2025 16:30 (45 minutes)*

**TITLE**

**RELEVANT SIG**

**FORMAT**

**Short English description**

**KEYWORDS**

**First-time presenter?**

**ABSTRACT**

A short introduction to Korthagen's reflection theory will be given by the facilitator, followed by a quick exercise to help participants understand the differences in how our cognitions work and the impact the non-verbal and unconscious areas of our thinking have on our (re)actions. In the main exercise, participants will reflect on their actual teaching situations and Korthagen's "9 questions" will be used to deepen the reflection. Finally, the focus will be shifted on the participants' "strengths," which will be the key in enhancing the good in their teaching practices.

**Presenter:** YAMABE, Eriko (Waseda University)

**Session Classification:** B8-108 Workshop 1: Eriko Yamabe Workshop 2: Andrew Tweed & Bryan Buschner